



## 17<sup>th</sup> Annual International Repetitive Strain Injury (RSI) Awareness Day:

# RSI Day Conference 2016 - Survive, Resist, Change

**Date:** Monday February 29, 2016  
**Location:** OPSEU Membership Centre, 31 Wellesley Street East, Toronto  
(Yonge & Wellesley opposite Wellesley Subway Station)  
**Time:** 10:00 am -4:00 pm Registration & Coffee at 9:30 am  
**Cost:** Free: including lunch, but pre-registration required

**\*\*This is a “SCENT FREE, PEANUT & LATEX FREE location\*\***  
Please do not wear scented products, bring peanuts or latex products

In order to plan for food, please register before 12 noon on Feb. 26, 2016 by emailing:  
[rsiawareness@gmail.com](mailto:rsiawareness@gmail.com) or call (416)461-2411 To be notified of updates on this or future events,  
please join our mailing list at: <http://eepurl.com/bcEN39>

\* Please note, we rely on the generous donations from unions and community groups to offer this free conference each year, so all who wish to attend are able. If your group wishes to donate to cover the cost of the food, please email [donations@rsicanada.org](mailto:donations@rsicanada.org) All donations are appreciated.

**Survive, Resist, Change** is the theme of this year’s Toronto RSI Day Conference. We need tools to survive the current austerity driven climate in both compensation and prevention. We need to survive and resist whether we are at work or injured. Lastly, we need to change the system for the good of all workers.

### Highlights of the Day Include:

- Learn what's happening to injured workers with RSI
- Learn about fight-back efforts and explore other legal, political, and policy campaign ideas for action
- Contribute your perspective to a package of resources for the new WSIB president so that he has the information he needs to ensure that WSIB meets the needs of workers with RSI
- Learn how to use OHCOW's Physical Demands Description Handbook
- Hear what one group of workers is doing to prevent injuries in their workplace
- What’s new in research
- And more...

Sponsored by: Industrial Accident Victims Group of Ontario (IAVGO), Injured Workers’ Consultants (IWC), Ontario Network of Injured Workers’ Groups (ONIWG), Ontario Public Service Employees’ Union (OPSEU), Unifor, United Food & Commercial Workers (UFCW)